

Parental Controls

MORE parents admit they are not regularly talking to children about online safety



Around six out of ten parents admit they are concerned about issues including online grooming (58%), viewing sexual or violent content (58%)



Yet in the last six months alone, only a third of those parents have had any kind of conversation with them about it. The majority of parents (55%) admit they speak to their children less than once a month about the most pressing issues they face online.

Top tips

- **Set up and make use of your home broadband parental controls**
- **Set controls on your search engine**
- **Use privacy settings on apps and devices**
- **Block pop-ups**
- **Monitor your child's devices**
- **Have open conversations with your child about online safety and reassure them that they can talk to you or a trusted adult whenever they need to**



Parental controls are a great tool to help better protect your children online. Find out how you can use them more effectively